



## Earth Day 2010

### Let Compost Happen!

Help Save the Planet, Lighten your Landfill Load  
and help Phillie Bridge Farm improve its soil!

#### New this year - bring your compost to the farm:

Anne Eschenroeder our new farmer has opened the compost so we can all contribute. On pick-up day - or when it is convenient (No Sundays please) just bring your compostables and add them to our pile.

#### What can you compost?

Kitchen waste - such as:

- fruit and vegetable waste and trimmings
  - eggshells
  - tea and coffee grounds
  - juicing pulp residues
- NO: meats, bones, pet-waste please!

#### How does compost save the planet?

- Composting is a natural way to "re-use" returning nutrients back to the soil.
- Since compost holds moisture in soil it combats drought and low rainfall conditions. It helps crops through prolonged dry periods.
- Eliminate re-usable waste that ends up in landfills reducing your environmental impact and saving money for local communities.

#### How does your kitchen waste help our farm?

- Adding compost improves soil structure, porosity and bulk density - creating a better root environment.
- It improves drainage of soil and reduces erosion and runoff.
- Your compost can improve and stabilize the soil's pH and provide a variety of micro and macro nutrients.

#### Why joining Phillie Bridge Farm can be one of the most important steps you can take to help the planet?

- The food in your farm share comes to you without packaging, processing, refrigeration and transportation therefore reducing the environmental impact of your diet on the planet.
- Our CSA farm protects the farmland from development and conserves the open space surrounding it.
- Since Phillie Bridge Farm Project adheres to an organic farming philosophy there is no negative impact of pesticide use on the soil or the surrounding plant and wildlife.
- Since the average fresh food item in your supermarket has travelled 1500 miles to end up on your plate one can only imagine the impact our little community has in helping to reduce global warming.

#### Where is our compost pile?

As you enter the farm from Phillie Bridge Road - on your right - before the raspberries - there will be a sign indicating where you can put your compost.

Join us and Sign up for your 2010 CSA share

[www.philliesbridge.org](http://www.philliesbridge.org)  
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